

Last updated: 7/16/21 at 4:21 pm

MONDAY RED/ORANGE		TUESDAY STARCHY		WEDNESDAY DARK GREEN		THURSDAY LEGUMES		FRIDAY OTHER	
2	Coffee Cinnamon Crumble	3	Pancakes (2)	4	Coco Puffs & WG Crackers	5	Breakfast Burrito	6	Bagel & Cream Cheese
	Marinara Cheese Pasta w/carrot sticks (3/4c)		Cheeseburger w/tater tots (3/4c)		Turkey & Cheese Hoagie Sandwich w/broccoli (3/4c)		Beef & Cheese Nachos w/pinto beans (3/4c)		Pepperoni Pizza w/carrot sticks (3/4c)
9	Mexican Concha	10	Strawberry Muffin	11	Cinnamon Toast Crunch & WG Crackers	12	Banana Muffin	13	String Cheese & Graham Crackers
215		215		215		215		215	
430	BBQ Chicken on a HB Bun w/carrots (3/4c)	430	Spaghetti and Meat Sauce (3/4c) w/whole kernel corn (3/4c)	430	Ham and Cheese Hoagie Sandwich w/broccoli (3/4c)	430	Chicken Quesadilla w/pinto beans (3/4c)	430	Pepperoni Pizza w/carrot sticks (3/4c)
16	Coffee Cinnamon Crumble	17	Blueberry Muffin	18	Lucky Charms & WG Crackers	19	Sausage English Muffin	20	Yogurt & Graham Crackers
215		215		215		215		215	
430	Italian Turkey, Ham & Cheese Hoagie Sandwich w/carrot sticks (3/4c)	430	Chicken Teriyaki w/brown rice (3/4c) & peas & carrots (1c)	430	Marinara Cheese Pasta w/broccoli (3/4c)	430	Breaded Chicken Patty on a HB Bun w/bbq baked beans (3/4c)	430	Pepperoni Pizza w/carrot sticks (3/4c)
23	Mexican Concha	24	Cheese Quesadilla	25	Bagel & Cream Cheese	26	Pancakes (2)	27	Bagel & Cream Cheese
215		215		215		215		215	
430	Cajun Cheese Pasta w/carrot sticks (3/4c)	430	Chicken Nuggets w/whole kernel corn (3/4c)	430	Turkey & Cheese Hoagie Sandwich w/broccoli (3/4c)	430	Beef & Bean Chili (1c) w/dinner roll & carrot sticks (1/2c)	430	Pepperoni Pizza w/carrot sticks (3/4c)
30	Coco Puffs & WG Crackers	31	Strawberry Muffin	1	Trix & WG Crackers	2	Banana Muffin	3	Yogurt & Graham Crackers
215		215		215		215		215	
430	BBQ Chicken on a HB Bun w/carrots (3/4c)	430	Orange Chicken w/brown rice (3/4c) & peas & carrots (1c)	430	Ham and Cheese Hoagie Sandwich w/broccoli (3/4c)	430	Beef & Cheese Nachos w/pinto beans (3/4c)	430	Pepperoni Pizza w/carrot sticks (3/4c)

This institution is an equal opportunity provider.

Breakfast fruit/juice portions: 1 cup & Lunch fruit/juice portions: 1/2 cup (Juice cannot exceed 50% of total weekly servings.) Milk (1 Cup) (1%/Non-fat/Non-fat Choc)

School Notes:

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