



Last updated: 7/16/21 at 7:40 pm

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MONDAY RED/ORANGE		TUESDAY STARCHY		WEDNESDAY DARK GREEN		THURSDAY LEGUMES		FRIDAY OTHER	
30		31		1		2		3	
6		7		8		9		10	
 No School		215	Banana Muffin	215	Cinnamon Toast Crunch & WG Crackers	215	Blueberry Muffin	215	String Cheese & Graham Crackers
 No School		430	Chicken Alfredo Pasta w/whole kernel corn (3/4c)	430	Turkey & Cheese Hoagie Sandwich w/broccoli (3/4c)	430	Chicken Quesadilla w/pinto beans (3/4c)	430	Pepperoni Pizza w/diced carrots (3/4c)
13		14		15		16		17	
215	Coffee Cinnamon Crumble	215	Strawberry Muffin	215	Coco Puffs & WG Crackers	215	Banana Muffin	215	Yogurt & Graham Crackers
430	Turkey & Cheese Hoagie Sandwich w/carrot sticks (3/4c)	430	Teriyaki Chicken Chow Mein w/peas & carrots (3/4c)	430	Ham and Cheese Hoagie Sandwich w/broccoli (3/4c)	430	Beef & Bean Chili (1c) w/dinner roll & carrot sticks (3/4c)	430	Pepperoni Pizza w/diced carrots (3/4c)
20		21		22		23		24	
215	Mexican Concha	215	Blueberry Muffin	215	Lucky Charms & WG Crackers	215	Strawberry Muffin	215	String Cheese & Graham Crackers
430	BBQ Chicken on a HB Bun w/carrots (3/4c)	430	Cheeseburger w/tater tots (3/4c)	430	Turkey & Cheese Hoagie Sandwich w/broccoli (3/4c)	430	Beef & Cheese Nachos w/pinto beans (3/4c)	430	Pepperoni Pizza w/diced carrots (3/4c)
27		28		29		30		1	
215	Cinnamon Toast Crunch & WG Crackers	215	Banana Muffin	215	Multi Grain Cheerios & WG Crackers	215	Pancakes (2)	215	Bagel & Cream Cheese
430	Hawaiian Chicken on a HB Bun w/carrots (3/4c)	430	Spaghetti and Meatballs w/whole kernel corn (3/4c)	430	Ham and Cheese Hoagie Sandwich w/broccoli (3/4c)	430	Chicken Tamal w/pinto beans (3/4c)	430	Pepperoni Pizza w/diced carrots (3/4c)

This institution is an equal opportunity provider.

Breakfast fruit/juice portions: 1 cup & Lunch fruit/juice portions: 1/2 cup (Juice cannot exceed 50% of total weekly servings.) Milk (1 Cup) (1% Non-fat/Non-fat Choc)

School Notes:

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